

YOUTH & FAMILY MENTAL WELLNESS:

Children, like adults, go through phases in life and experience highs and lows. When your child's condition begins to routinely disrupt his or her thoughts, emotions, relationships, and/or daily functioning, it may be time to seek professional support. If you notice changes in your child's behavior, this could mean that your child is in need of help. Learn to help identify, understand and respond.

PRESENTER:

Omeaka Jackson

LCPC-S, CEO

Harvesting Hope Youth
and Family Wellness, Inc.

We are dedicated to raising awareness, reducing stigma, promoting protective factors, and increasing access to resources to improve the mental wellness of Maryland's children and families.



WHERE:

**Eastern Shore Hospital Center
English Hall**-Please Use English Hall Entrance.

5262 Woods Road, Cambridge, MD 21613

Information: (410) 221-2357 or 2358.

Masks are Optional.

2024 COMMUNITY MENTAL HEALTH EDUCATION SERIES SESSION 1

WHEN:

May 6, 2024

10-11: 00 AM

***Session starts promptly
at 10:00AM***

REGISTRATION REQUIRED:

(410) 221-2421

REESE.DAWSON@MARYLAND.GOV

**ESHC STAFF
DEVELOPMENT**

WHO SHOULD ATTEND:

**PARENTS,
EDUCATORS,
NURSES,
PHYSICIANS,
SECURITY PERSONNEL,
SOCIAL WORKERS,
FIRST RESPONDERS**

**OFFERED AS A
COMMUNITY SERVICE
ESHC AUXILIARY/
STAFF DEVELOPMENT
& UMSMC AT CAMBRIDGE**